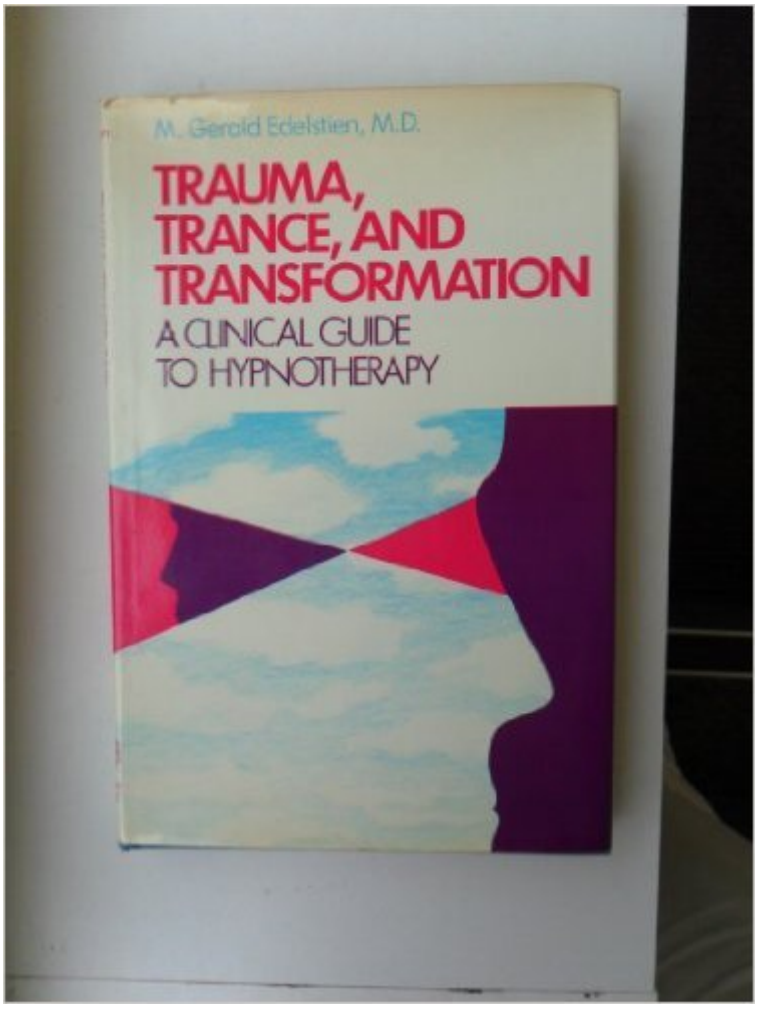
The book was found

TRAUMA TRANCE & TRANSFORMATION



PDF
Adobe
DOWNLOAD EBOOK

Synopsis

This volume demonstrates how hypnosis can be used within an integrated treatment plan to quickly, thoroughly, and lastingly effect therapeutic change. It makes available an extremely practical, concise guide to the use of hypnosis in psychotherapy.

Book Information

Hardcover: 200 pages

Publisher: Bruner Meisel U; 1 edition (June 1, 1983)

Language: English

ISBN-10: 0876302789

ISBN-13: 978-0876302781

Product Dimensions: 8 x 2 x 10 inches

Shipping Weight: 12.8 ounces

Average Customer Review: 5.0 out of 5 starsÂ Â See all reviewsÂ (1 customer review)

Best Sellers Rank: #2,171,628 in Books (See Top 100 in Books) #69 inÂ Books > Textbooks > Medicine & Health Sciences > Alternative Medicine > Hypnotherapy #213 inÂ Books > Health, Fitness & Dieting > Alternative Medicine > Hypnotherapy #3938 inÂ Books > Textbooks > Medicine & Health Sciences > Medicine > General

Customer Reviews

This book is worth reading for the entertainment value alone. Edelstien is very humorous and engaging in his writing style. He also makes some very good points about psychology and the practice of psychotherapy. The techniques that are presented are intriguing and if they really do work then they would be very valuable for all practitioners of psychotherapy especially for hypnotherapists. The one thing that I dislike about the book is that he does not mention what to do if these techniques fall flat, in other words he does not give a "plan B." But very worth reading and probably one of the best books on psychology that i have read.

Download to continue reading...

TRAUMA TRANCE & TRANSFORMATION Generative Trance: Third Generation Trance Work Skeletal Trauma: Basic Science, Management, and Reconstruction, 2-Volume Set, 5e (Browner, Skeletal Trauma) Trance-Formations: Neuro-Linguistic Programming and the Structure of Hypnosis Glow Kids: How Screen Addiction Is Hijacking Our Kids-and How to Break the Trance The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma Overcoming Grief and Trauma -

A Short-term Structured Model: Strategic Pastoral Counseling Resources My Dog Has Died: What Do I Do?: Making Decisions and Healing the Trauma of Pet Loss (Book 2 Pet Bereavement Series) Romantic Moods: Paranoia, Trauma, and Melancholy, 1790-1840 Unclaimed Experience: Trauma, Narrative and History Transformed by Postpartum Depression: Women's Stories of Trauma and Growth The PTSD Workbook for Teens: Simple, Effective Skills for Healing Trauma International Trauma Life Support for Emergency Care Providers (8th Edition) Trauma Counseling: Theories and Interventions PHTLS: Prehospital Trauma Life Support, 8th Edition Mindfulness & Yoga Skills for Children and Adolescents: 115 Activities for Trauma, Self-Regulation, Special Needs & Anxiety Biomedical Acupuncture for Sports and Trauma Rehabilitation: Dry Needling Techniques, 1e Handbook of Clinical Hypnosis (Dissociation, Trauma, Memory, and Hypnosis) Oral and Maxillofacial Trauma, 4e Oral and Maxillofacial Trauma (2 Volume Set)

Dmca